

STARTERS

Start your meal off right with one of our starters.

APPETIZERS

CLAM CAKES half 4.95 | full 8.95

Traditional Rhode Island Clam Cakes

STUFFED MUSHROOMS 7.95

Large caps stuffed with our seafood stuffing and topped with Newburg sauce

BONELESS BUFFALO CHICKEN 8.25

Boneless fried tenders, dipped in a sweet buffalo sauce served with bleu cheese and celery sticks

MOZZARELLA STICKS 6.95

Hand-breaded in Italian crumbs, deep-fried and served with house marinara

PORTUGUESE STUFFED QUAHOGS ☆ 6.95

Our family recipe with chourico

SAUTÉED LITTLENECKS 10.95

Littleneck clams sautéed with garlic, chourico, kale and beer

NACHO SUPREME 6.95 | 8.95 w/taco meat

Tortilla chips with tomato, shredded lettuce, black olives, red onion, black beans and white cheddar cheese

MEDITERRANEAN PLATTER 8.95

Hummus and tabouli with marinated olives and naan bread

LETTUCE WRAPS 8.95

Asian spiced chicken and vegetables, wrapped in crisp romaine hearts

CALAMARI ☆ 10.95

Deep-fried, tossed with garlic oil, parmesan cheese and banana peppers, served with house marinara

BRISTOL COMBO 10.95

A sample of our buffalo chicken, mozzarella sticks and homemade onion rings

CHEESE PLATE 9.95

Assorted artisan cheeses with crusty bread and fresh fruit

ONION RINGS 5.25

A full basket, hand-breaded and deep-fried golden brown

CHIPS & SALSA 3.95

SOUPS

NEW ENGLAND CLAM CHOWDER 3.95 | 4.95

Cream, celery, onion, potatoes and fresh chopped clams

FISH CHOWDER ☆ 4.95 | 5.95

Fresh haddock blended with cream, potato and fresh chopped clams

PORTUGUESE KALE SOUP 3.95 | 4.95

Our family recipe

RHODE ISLAND CHOWDER 3.95 | 4.95

Clear broth, clams, celery, onion and white potatoes

ONION SOUP AU GRATIN 3.95

A savory broth of beef and caramelized onions topped with croutons and baked with a blend of mozzarella and cheddar

*WARNING: CONSUMING RAW OR UNDERCOOKED FOODS, SUCH AS MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

**GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST

***PLEASE INFORM OUR STAFF OF ANY FOOD ALLERGIES

SALADS

COBB SALAD ☆ 4.95 | 8.95

Mixed greens, tomato, cheddar cheese, walnuts and boiled egg topped with bacon bits and grilled chicken

PARROTHEAD SALAD 4.95 | 8.95

Baby spinach, strawberries, blueberries, mango, tomatoes and toasted almonds with a raspberry vinaigrette

WEDGE SALAD 8.95

A wedge of iceberg, chopped bacon, diced tomato, crumbled bleu cheese and choice of dressing

CAESAR SALAD 4.95 | 8.95

Romaine, croutons, Caesar dressing and Parmesan cheese

KALE SALAD 4.95 | 8.95

Wilted kale tossed with sautéed onions, mushrooms, garlic, tomato and couscous, with tomato herb vinaigrette

SUMMER SALAD 4.95 | 8.95

Mixed greens, tomato, English cucumber, almonds, mango and goat cheese with pineapple mango vinaigrette

GREEK SALAD ☆ 4.95 | 8.95

Mixed greens, diced tomato, English cucumber, red onion, shredded carrot, feta cheese, kalamata olives and croutons

CAPRESE SALAD 4.95 | 8.95

Sliced tomato with fresh mozzarella, basil and a balsamic glaze drizzle

BEAN SALAD 4.95 | 8.95

Marinated mixed beans, served over field greens

HOUSE SALAD 3.25

Mixed greens, tomato, cucumber, carrot and onion

ADD-ONS

Grilled Chicken (5.00) • Buffalo Chicken (5.00)
Grilled Scallops (8.00) • Grilled Shrimp (8.00)
Steak Tips (8.00)

DRESSINGS

Light Italian • Thousand Island • Caesar • Greek
Parmesan Peppercorn • Balsamic Vinaigrette • Ranch
Honey Mustard • Bleu Cheese (Extra Bleu Cheese 1.00)

THE GRILLE

All entrées from The Grille are served with a choice of two sides.

*SAO MIGUEL SIRLOIN 17.95

Grilled sirloin topped with fried egg, red pepper and a red wine demi glaze

*SURF & TURF 18.95

Marinated steak tips coupled with baked stuffed shrimp

*LAND & SEA 18.95

Marinated steak tips coupled with baked stuffed scallops

*MARINATED STEAK TIPS ☆ 16.95

Hand-cut, marinated in our own dressing, grilled and topped with caramelized onions

*GRILLED RIB EYE 18.95

Seasoned rib eye topped with an herb garlic butter

GRILLED STUFFED CHICKEN BREAST 13.95

Grilled chicken breast stuffed with tomato, spinach, basil and fresh mozzarella

*WARNING: CONSUMING RAW OR UNDERCOOKED FOODS, SUCH AS MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

**GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST

***PLEASE INFORM OUR STAFF OF ANY FOOD ALLERGIES

ENTRÉES

All entrées come with a choice of two sides.

— CHEF'S CREATIONS —

CHICKEN BROCCOLI 13.95

Sautéed chicken tenders, broccoli, roasted garlic and Alfredo sauce tossed with penne pasta

PARMESANS

Pan-seared with Italian bread crumbs, baked with house marinara sauce, topped with parmesan and mozzarella cheese and served over choice of pasta

Chicken (13.95) • Veal (16.95) • Eggplant (11.95)

SEAFOOD PROVENCAL ☆ 16.95

Sautéed jumbo shrimp, native sea scallops, capers, tomato, shallots and baby spinach in a lemon white wine butter sauce

HEART SMART 13.95

Chicken, mushrooms, onions, peppers, broccoli, baby spinach and garlic in a white wine chicken stock

Add any of the following for 5.00

Scallops • Shrimp • Combination

SHRIMP MOZAMBIQUE 17.95

Sautéed jumbo shrimp with garlic, white wine, hot sauce and herb butter

WHITE OR RED CLAM SAUCE 12.95

Fresh chopped clams, garlic, oregano and white wine butter sauce or house marinara over linguini

SEAFOOD STEW 17.95

Scallops, shrimp, littlenecks and mussels sautéed with roasted garlic and white wine butter sauce

SHRIMP SCAMPI 17.95

Large shrimp sautéed with roasted chopped garlic and a white wine and herb butter

SEAFOOD MAC & CHEESE 17.95

Sautéed scallops, shrimp and lobster in creamy Alfredo sauce tossed in penne topped with tomato and panko crumbs

MEDITERRANEAN SEAFOOD ☆ 17.95

Shrimp, scallops, broccoli, mushrooms, red peppers, baby spinach and olives sautéed in a garlic butter white wine sauce topped with feta cheese and served with choice of rice or pasta

— SEAFOOD —

HADDOCK IMPERIAL ☆ 18.95

Fresh broiled haddock, topped with shrimp, scallops, lobster and newburg sauce

BAKED OR STUFFED

The following choices of seafood either baked or stuffed:

Shrimp (18.95) • Haddock (13.95) • Scallops (18.95)

SEAFOOD MEDLEY ☆ 16.95

Shrimp, scallops and haddock baked with seafood stuffing and vegetable

SIDES

*Coleslaw • French Fries • Onion Rings • Pickles
Mashed Potato • Bean Salad • Couscous Salad
Pasta Salad • Potato Salad • Side Salad*

*WARNING: CONSUMING RAW OR UNDERCOOKED FOODS, SUCH AS MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

**GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST

***PLEASE INFORM OUR STAFF OF ANY FOOD ALLERGIES

HANDS-ON

All selections come with a choice of two Hands-On Sides.

BURGERS

*BLACK ANGUS BURGER 7.95 | 8.95 w/cheese

Classic 8 oz. Angus burger grilled and served on top of a grilled bulky roll with lettuce and tomato

*GOODMAN BARBECUE BURGER ☆ 9.25

Our 8 oz. Angus burger topped with caramelized onion, crisp bacon, barbecue sauce and Vermont cheddar

*TURKEY BURGER 8.95

8 oz. of fresh ground turkey char-broiled and topped with lettuce and tomato

BLACK BEAN BURGER ☆ 8.95

Spicy black beans and vegetables with lettuce and tomato

ROLLS

GOODMAN LOBSTER ROLL 19.95

Fresh NE lobster meat served on a grilled roll traditional or warm

CLAM STRIP ROLL 8.95

Fresh strips deep-fried golden brown on a grilled roll

WHOLE CLAM ROLL 12.95

This grilled roll just might explode with all these native clams

SCALLOP ROLL 12.95

Large fresh sea scallops fried golden brown on a grilled roll

HANDS-ON SIDES

Coleslaw • French Fries • Onion Rings • Pickles
Bean Salad • Pasta Salad • Potato Salad • Side Salad

SANDWICHES

FISH REUBEN ☆ 8.95

Our twist on the classic, freshly fried haddock, coleslaw, swiss cheese and tartar sauce

GRILLED CHICKEN SANDWICH 8.95

Fresh chicken breast grilled and topped with fresh basil, tomato and mozzarella cheese

TURKEY BLT 8.95

Sliced turkey breast with a hearty portion of crisp bacon, mayonnaise, lettuce and tomato served on toasted white or wheat bread

BUFFALO BRAGA ☆ 8.95

Boneless buffalo chicken served on a grilled bulky roll with lettuce, tomato and bleu cheese dressing

TRIPLE DECKER REUBEN 8.95

Sure to please, stacked three high, grilled marble rye, Swiss cheese, corned beef and sauerkraut

YACHT FISH SANDWICH 8.95

A fresh filet of haddock deep-fried on a grilled bulky roll with lettuce and tomato

WRAPS

GREEK CHICKEN WRAP 8.95

Grilled chicken, mixed greens, kalamata olives, cucumbers, tomatoes, feta cheese and Greek dressing

CHICKEN CAESAR WRAP 8.95

Chilled Romaine, croutons, Parmesan cheese and homemade Caesar dressing mixed with grilled chicken

HONEY BBQ CHICKEN WRAP ☆ 8.95

Boneless fried chicken, lettuce, tomato and cheddar cheese drizzled with honey BBQ sauce

*WARNING: CONSUMING RAW OR UNDERCOOKED FOODS, SUCH AS MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

**GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST

***PLEASE INFORM OUR STAFF OF ANY FOOD ALLERGIES

— FRIED FAVORITES —

FISHERMAN'S PLATTER ☆ 18.95

Haddock, shrimp, scallops, and clam strips served with French fries, onion rings and coleslaw (add whole clams 2.00)

THE BASICS

The following choices served with two sides:

Haddock (13.95) • Sea Scallops (17.95) • Jumbo Shrimp (16.95)
Clam Strips (13.95) • Whole Clams (18.95)

FISH & CHIPS ☆ 10.95

Deep-fried haddock with French fries and coleslaw (no side substitutions)

CHICKEN TENDERS 9.95

All white meat tenders breaded, deep-fried and served with potato, vegetable and choice of sauce:

BBQ • Buffalo • Honey Mustard • Sweet & Sour

— THIN CRUST PIZZA —

All pizzas are topped with a rich blend of mozzarella and cheddar cheeses.

CLASSIC CHEESE 9.95

Seasoned sauce and our blend of mozzarella and cheddar

VEGGIE 14.95

Mushrooms, roasted red peppers, broccoli, caramelized onions and baby spinach with seasoned sauce

MARGHERITA 12.95

Fresh mozzarella, tomato and basil with seasoned sauce

VEGETABLE TOPPINGS 1.00 ea.

Broccoli • Mushrooms • Olives • Onions • Banana Peppers
Peppers • Pineapple • Baby Spinach • Tomato

MEAT TOPPINGS 2.00 ea.

Buffalo Chicken • Grilled Chicken • Chorizo • Hamburger
Turkey Burger • Steak Tips (extra charge of 7.00)

SEAFOOD TOPPINGS 8.00 ea.

Broiled Scallops • Grilled Shrimp

— KIDS' MENU —

Kids meals (12 and under) are served with a beverage and special dessert.

Fish & Chips (5.95) • Grilled Chicken (5.95)

Chicken Tenders (5.95) • Mac & Cheese (4.95)

Hamburger (4.95) • Hot Dog (4.95) • Grilled Cheese (4.95)

— BEVERAGES —

All beverages are 2.25 unless denoted otherwise and come with free refills, excluding bottled water, juices and milk.

SOFT DRINKS



BOTTLED WATER



JUICES & OTHER BEVERAGES

Apple Juice • Cranberry Juice

Coffee • Milk • Sweet Tea • Unsweetened Green Tea

